



8 DAYS CYCLING PROVENCE

 FRANCE / TAILOR MADE / 8 DAYS - 7 NIGHTS

MARSEILLE / AVIGNON / CAVAILLON / ST.REMY DE PROVENCE / ARLES

DAY 1

Arrival Marseille

Coach transfer to Avignon or board the TGV train who will bring you in 1 hour from Marseille to Avignon. Free time in the afternoon/evening and overnight in Avignon

DAY 2

Start the day following the cycling route along Rhone River,

Continue cycling and visit Chateuneuf du Pape vineyards for a wine tour and tasting.

Back to Avignon via Via Rhona cycling trail (a 815 km cycling trail from Geneva to the Camargue, total of 54 KM back to Avignon from Chateuneuf)

Overnight in Avignon

DAY 3

Optional cycle tour to Pont du Gard. Alternatively a coach will take you to this Roman viaduct.

Afternoon free in Avignon, optional visit Palais due Papes, the palace is one of the largest medieval Gothic buildings in Europe, and was home to 9 successive Popes throughout the 14th Century.

About 68 Km

Overnight in Avignon

DAY 4

Today we'll cycle from Avignon to Cavaillon, our stop for the coming days. For lunch we stop in Isle-sur-la-Sorgue, a Provençal town famous for its waterwheels on the Sorgue river. Follow the river La Sorgue which eventually will bring you to the village built around and named after it's fresh water source: Fontaine de Vaucluse. Explore this medieval village set around a beautiful natural site with a landscape of caves and valleys, before heading back to Cavaillon.

About 40 kms

Overnight in Cavaillon

DAY 5

Today follow the route to Gordes, a beautiful village on the banks of the Vaucluse plateau, just behind the Luberon barrier. Continue towards Roussillon where you will have some free time for lunch, on the way you will pass by the many lavender fields and vineyards. Stop at a vineyard for tour and tasting before returning back to Cavaillon.

Our total cycling distance today is from 61 kilometres

Overnight in Cavaillon

DAY 6

Today cycle towards St Remy de Provence, this charming town is the former residence of Vincent Van Gogh (total 55km) Free time in St Remy de Provence to explore the local market and town center.

Overnight in St Remy de Provence or Les Baux de Provence

DAY 7

In the morning visit Les Baux de Provence, considered one of the most beautiful villages in France. Discover the castle of Les Baux de Provence, the castle entrance is at the highest point in the village and can only be accessed by walking through the village from here you will have the best view over the medieval village and surrounding areas.

In the afternoon we will make our way towards Arles. Arles is famous for its Roman ruins including the Amphitheatre of Arles (Arènes d'Arles), which is one of the best-preserved Roman amphitheatres in the world.

Overnight in Arles

DAY 8

Free time in Arles, before heading back to the airport or train station

*Small groups only

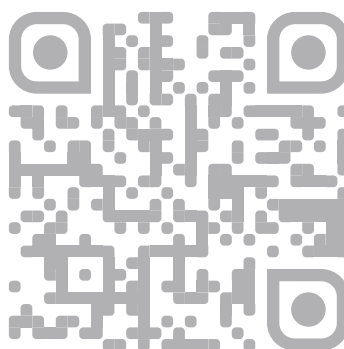
**Percursos/km can be adjusted according to the preferences and fitness level of the group.

Day	Theme	Start	Finish	Distance (km)	Climbing (m)
1	Arrival Marseille - Avignon	Marseille	Avignon	-	-
2	Via Rhona cycling trail & Chateaufort du Pape	Avignon	Avignon	54km	-
3	Avignon & Pont du Gard	Avignon	Avignon	68km	500 meter
4	Isle-sur-la-Sorgue, Cavaillon	Avignon	Cavaillon	40km	300 meter
5	Gordes - Roussillon	Cavaillon	Cavaillon	61 km	600 meter
6	St Remy de Provence	Cavaillon	St Remy de Provence	55km	500 meter
7	Les Baux de Provence - Arles	St Remy de Provence	Arles	60km	600 meter
8	Arles - Departure Marseille	Arles	Marseille	-	-



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